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Movie comparison export

The Odyssey vs The Substance - Compare

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Comparing The Odyssey vs The Substance. The Odyssey leads on experts rating.

Poster unavailable The Odyssey 2026 - 172 min - R Studio: Universal Pictures Genres: Adventure, Action, Fantasy, Drama, Epic Language: en Country: US	Poster unavailable The Substance 2024 - 141 min - R Studio: MUBI Genres: Horror, Sci-Fi, Body Horror, Black Comedy, Drama Language: en Country: UK
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Overview

Specification	The Odyssey	The Substance
Studio	Universal Pictures	MUBI
Franchise	Christopher Nolan Films	The Substance
Release Date	2026-07-17	2024-09-20
Runtime	172 min	141 min
Certification	R	R
Genres	Adventure, Action, Fantasy, Drama, Epic	Horror, Sci-Fi, Body Horror, Black Comedy, Drama

Cast & Crew

Specification	The Odyssey	The Substance
Director(s)	Christopher Nolan	Coralie Fargeat
Lead Cast	Matt Damon, Tom Holland, Anne Hathaway, Robert Pattinson, Zendaya	Demi Moore, Margaret Qualley, Dennis Quaid, Edward Hamilton-Clark, Gore Abrams

Ratings

Specification	The Odyssey	The Substance
Critic Rating	8.8/10	8.6/10
Audience Rating	-	-
Review Count	0	0
Page Views	323	3

Box Office

Specification	The Odyssey	The Substance
Budget	\$250,000,000	\$17,500,000
Worldwide Gross	-	\$77,500,000
Awards	2	2

Streaming

Specification	The Odyssey	The Substance
Available On	Theaters, IMAX, Apple TV, FindEdition	MUBI, Apple TV, FindEdition

Verdict

Specification	The Odyssey	The Substance
Pros	First full Hollywood Odyssey adaptation at this scale; Entirely shot on new IMAX 70 mm cameras; Massive ensemble cast; L...	Extraordinary, career-best lead performances by Demi Moore and Margaret Qualley; Biting, highly effective satire on soci...
Cons	Not yet in wide release - final critical scores TBD; R rating may limit family audience; Historical-accuracy debates ove...	Extreme graphic body horror and gore are intensely overwhelming for sensitive viewers; Unflinching satirical excess can...